

## REFERENCES



## REFERENCES

- Allensworth, D. (1993). Research base for innovative practices in school health education. In S. Jackson (Ed.), *Comprehensive school health programs: Innovative practices and issues* (pp. 9-48). Washington, DC: US Department of Education.
- Allensworth, D., Symons, C., & Olds, S. (1994). *Healthy students 2000: An agenda for continuous improvement in America's schools*. Kent, OH: American School Health Association.
- Allensworth, D., Wyche, J., Lawson, E., & Nicholson, L. (1995). *Defining a comprehensive school health program: An interim statement*. Washington, DC: National Academy Press.
- Armstrong, T. (1994). *Multiple intelligences in the classroom*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Association for Supervision and Curriculum Development. (1994). *Challenging the gifted in the regular classroom: Facilitator's guide*. Alexandria, VA: Author.
- Barbarash, L. (1997). *Multicultural games*. Champaign, IL: Human Kinetics.
- Behrmann, M. (1998). Assistive technology for young children. In C. Dede (Ed.), *Learning with technology* (pp. 73-93). Alexandria, VA: Association for Supervision and Curriculum Development.
- Belka, D. (1994). *Teaching children games: Becoming a master teacher*. Champaign, IL: Human Kinetics.
- Bellian, C. (1998). *Improving school health: A guide to school health councils*. Atlanta, GA: American Cancer Society.
- Brindis, C., Irwin, C., Ozer, E., Handley, M., Knopf, D., & Millstein, S. (1998). *Improving adolescent health*. San Francisco: National Adolescent Health Information Center.
- Bullock, C., Bedini, L., & Driscoll, L. (1994). *The Wake Leisure Education Program*. Chapel Hill, NC: University of North Carolina at Chapel Hill, Center for Recreation and Disability Studies.
- Buschner, C. (1994). *Teaching children movement concepts and skills: Becoming a master teacher*. Champaign, IL: Human Kinetics.
- California Department of Education. (1994a). *Health education framework*. Sacramento: Author.
- California Department of Education. (1994b). *Physical education framework*. Sacramento: Author.
- Carrera, M. (1996). *Lessons for lifeguards*. New York: Donkey Press.
- Centers for Disease Control and Prevention. (1996). *Physical activity and health: A report of the Surgeon General*. Atlanta, GA: U.S. Department of Health and Human Services.

- Centers for Disease Control and Prevention. (1997). *Guidelines for school and community programs: Promoting lifelong physical activity*. Atlanta, GA: U.S. Department of Health and Human Services.
- Centers for Disease Control and Prevention. (1998a). *Physical activity and good nutrition: Essential elements for good health*. Atlanta, GA: U.S. Department of Health and Human Services.
- Centers for Disease Control and Prevention. (1998b). *School health programs: An investment in our nation's future*. Available online: <http://www.cdc.gov.nccdphp/dash/atag/anc.htm>.
- Centers for Disease Control and Prevention. (1998c). *Trends in sexual risk behaviors among high school students—United States, 1991-1997*. Atlanta, GA: Author. Available online: <http://www.cdcnpin.org>. [www.cdcnpin.org](http://www.cdcnpin.org) (Click on “Feature Publications”).
- Chalmers, L. (1992). *Modifying curriculum for the special needs student in the regular classroom*. Moorhead, MN: Practical Press.
- Chalmers, L. & Olson, M. (1995). *Collaboration handbook for educators working toward inclusion of special needs students*. Moorhead, MN: Practical Press.
- Cimons, M. (1998, September 18). Most teenagers say they have resisted sex. (p.1). *The Star-Ledger*. Newark, NJ: Newark Morning Ledger Company.
- Cornacchia, H., Olsen, L. & Ozias, J. *Health in elementary schools*. (1996). St. Louis, MO: Mosby-Year Book.
- Cortese, P. & Middleton, K. (Eds.). (1994). *The comprehensive school health challenge*. Santa Cruz, CA: ETR Associates.
- Cotton, R.T. (1996). *Personal trainer manual*. San Diego, CA: American Council on Exercise.
- Council on Physical Education for Children. (1995). *Developmentally appropriate physical education practices for children*. Reston, VA: American Alliance for Health, Physical Education, Recreation, and Dance.
- Danielson, C. & Abrutyn, L. (1997). *An introduction to using portfolios in the classroom*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Darling-Hammond, L. (1997). *The right to learn: A blueprint for creating schools that work*. San Francisco: Josey-Bass.
- Davis, M. & Harmacek, M. (1997). *School health needs assessment: A starter kit*. Denver, CO: University of Colorado Health Sciences Center, Office of School Health.
- Dealing with sensitive issues*. (1997). New York: Glencoe.

## REFERENCES

- Dede, C. (1998). The scaling-up process for technology-based education innovations. In C. Dede (Ed.), *Learning with technology* (pp. 199-213). Alexandria, VA: Association for Supervision and Curriculum Development.
- Dorman, S., (Ed.). (1998, May). Enhancing school physical education with technology. In *Journal of School Health*, 68 (5), 219-20.
- Drug Strategies. (1996). *Making the grade: A guide to school drug prevention programs*. Washington, DC: Author.
- Drug Strategies. (1998). *Safe school, safe students: A guide to violence prevention strategies*. Washington, DC : Author.
- Dryfoos, J. (1990). *Adolescents at risk: Prevalence and prevention*. New York: Oxford University Press.
- Dunn, R. (1996). *How to implement and supervise a learning style program*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Early Childhood Task Force. (1995). *Right from the start: Guidelines for sexuality issues*. New York: Sexuality Information and Education Council of the United States.
- Elias, M., Zins, J. Weissberg, R., Frey, K., Greenberg, M., Haynes, N., Kessler, R., Schwab-Stone, M. & Shriver, T. (1997). *Promoting social and emotional learning: Guidelines for educators*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Firestone, W., Ballou, J, Bader, B. & Whelchel, N. (1995). *Is playing it safe unsafe?* New Brunswick, NJ: Rutgers University.
- Franks, B.D. (1994). Personalizing physical activity prescription. *Physical Activity and Fitness Research Digest*, 1 (7).
- Glatthorn, A. (1994). *Developing a quality curriculum*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Haffner, D., (Ed.). (1995). *Facing facts: Sexual health for America's adolescents*. New York: Sexuality Information and Education Council of the United States.
- Hannaford, C. (1995). *Smart Moves*. Arlington, VA: Great Ocean.
- Harmin, M. (1994). *Inspiring active learning*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Harvard School of Public Health. (1992). *Creating an agenda for school based health promotion: A review of selected reports*. Boston, MA.
- Haynes, B.J. & O'Loughlin, J. (1997). *Instructional and assessment considerations for ESI Students*. Paper prepared for New Jersey State Department of Education.

- Hechinger, F. (1992). *Fateful choices: Healthy youth for the 21st century*. New York: Carnegie Council on Adolescent Development.
- Herman, J., Aschbacher, P. & Winters, L. (1992). *A practical guide to alternative assessment*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Huck, R., Myers, R., & Wilson, J. (1989). *ADAPT: A developmental activity program for teachers*. Pittsburgh, PA: Allegheny Intermediate Unit.
- Hyerle, D. (1996). *Visual tools for constructing knowledge*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Jacobs, H.J. (1997). *Mapping the big picture: Integrating curriculum and assessment K-12*. Alexandria, VA; Association for Supervision and Curriculum Development.
- Jensen, E. (1998). *Teaching with the brain in mind*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Johnson, D., Johnson, R. & Holubec, E.J., (1994). *The new circles of learning*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Joint Committee on National Health Education Standards. (1995). *National Health Education Standards*. Atlanta, GA: American Cancer Society.
- Kasser, S. (1995). *Inclusive games*. Champaign, IL: Human Kinetics.
- Kozma, R. & Schank, P. (1998). Connecting with the 21st century: Technology in support of educational reform. In C. Dede (Ed.), *Learning with technology* (pp.3-27). Alexandria, VA: Association for Supervision and Curriculum Development.
- Lieberman, A. & Grolnick, M. (1997). Networks, reform and the professional development of teachers. In A. Hargreaves (Ed.), *Rethinking educational change with heart and mind* (pp. 192-215). Alexandria, VA: Association for Supervision and Curriculum Development.
- Logsdon, B.J., Alleman, L.M., Straits, S.A., Belka, D.E. & Clark, D. (1997). *Physical education plans for preschool and kindergarten*. Champaign, IL: Human Kinetics.
- Loucks-Horsley, S., Harding, C.K., Arbuckle, M.A., Murray, L.B., Dubea, C. & Williams, M.K. (1987). *Continuing to learn: a guidebook for teacher development*. Andover, MA: The Regional Laboratory for Educational Improvement of the Northeast and Islands and Oxford, OH: National Staff Development Council.
- Madaus, G. (1993). A thorough testing system: Manna from above. *Educational Assessment*, 1(1), p. 10.
- Marx, E. & Northrop, D., (1995). *Educating for health*. Newton, MA: Education Development Center, Inc.

## REFERENCES

- Marx, E., Wooley, S., & Northrup, D. (Eds.). (1998). *Health is academic: A guide to coordinated school health programs*. New York: Teachers College Press.
- Marzano, R. (1992). *A different kind of classroom*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Marzano, R.J. & Kendall, J.S. (1996). *A comprehensive guide to designing standards-based districts, schools, and classrooms*. Alexandria, VA: Association for Supervision and Curriculum Development; and Aurora, CO: Mid-Continent Regional Educational Laboratory.
- Marzano, R., Pickering, D., & McTighe, J. (1993). *Assessing student outcomes*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Mohnsen, B. (1995). *Using technology in physical education*. Champaign, IL: Human Kinetics.
- National Association for Sport and Physical Education. (1998). *Physical activity for children: A statement of guidelines*. Reston, VA: Alliance for Health, Physical Education, Recreation and Dance.
- National Guidelines Task Force. (1991). *Guidelines for comprehensive sexuality education*. New York: Sex Information and Education Council of the United States.
- National School Boards Association. (1991). *School health: helping children learn*. Alexandria, VA: National School Boards Association.
- New Jersey Department of Education. (1981). *Family life education curriculum guidelines: Overview and rationale*. Trenton, NJ: Author.
- New Jersey Department of Education. (1997). *New Jersey Youth Risk Behavior Survey*. Trenton, NJ: Author.
- New Jersey Department of Health and Senior Services. (1996). *The New Jersey Middle School Survey on Substance Use: Grades 7 & 8*. Trenton, NJ: Author.
- Newman, I. & Farrell, K. (1991). *Thinking ahead: preparing for controversy*. Kent, OH: American School Health Association.
- Ozer, E., Brindis, C., Millstein, S., Knopf, D., & Irwin, C. (1998). *America's adolescents: are they healthy?* San Francisco: National Adolescent Health Information Center.
- Pate, R., Corbin, C., Simons-Morton, B., & Ross, J. (1987). Physical education and its role in school health promotion. *Journal of School Health*, 57 (10).
- Pehrsson, R.S. & Denner, P.R. (1989) *Semantic organizers: a study strategy for special needs learners*. Rockville, MD: Aspen.

- Perrone, V. (Ed.). (1991). *Expanding student assessment*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Physical activity and cardiovascular health. (1995). *NIH Consensus Statement*, 13 (3).
- Pollock, M. & Vincent, K. (1996). Resistance training for health. *Physical Activity and Fitness Research Digest*, 2 (8).
- Purcell, T. (1994). *Teaching children dance: Becoming a master teacher*. Champaign, IL: Human Kinetics.
- Randall, D.E. (1989). *Strategies for working with culturally diverse communities and clients*. Washington, DC: Association for the Care of Children's Health.
- Ratliffe, T. & Ratliffe, L. (1994). *Teaching children fitness: Becoming a master teacher*. Champaign, IL: Human Kinetics.
- Readence, J.E., Bean, T.W., & Baldwin, R.S. (1985). *Content area reading: an integrated approach*. Dubuque, IA: Kendall/Hunt.
- Reis, S.M., Burns, D.E., & Renzulli, J.S. (1992). *Curriculum compacting: The complete guide to modifying the regular curriculum for high ability students*. Mansfield Center, CT: Creative Learning Press.
- Sallis, J. (1994). Influences on physical activity of children, adolescent, and adults on determinants of active living. *Physical Activity and Fitness Research Digest*, 1(7).
- Seffrin, J. (1992). Why school health education? In H. Wallace, G. Parcel, J. Igoe, & K. Patrick (Eds.). *Principles and practices of student health* (Vol. 2). Oakland, CA: Third Party.
- Sparks, D. & Hirsch, S. (1997). *A new vision for staff development*. Alexandria, VA: Association for Supervision and Curriculum Development.
- Special Olympics International, Inc. (1997). *Special Olympics Sports Skills Program*. Washington, DC: Author.
- Standards and Assessment Task Force. (1995). *National Physical Education Standards: A guide to content and assessment*. Reston, VA: National Association for Sport and Physical Education.
- Sylwester, R. (1995). *A celebration of neurons: an educator's guide to the human brain*. Alexandria, VA: Association for Supervision and Curriculum Development
- Tierney, R.J., Readence, J.E., & Dishner, E.K. (1995). *Reading strategies and practices: A compendium*. Needham Heights, MA: Allyn and Bacon.



## REFERENCES

- Udvari-Solner, A. (1992). *Curricular adaptations: Accommodating the instructional needs of diverse learners in the context of general education*. Topeka, KS: Kansas State Board of Education.
- United States Department of Health and Human Services. (1991). *Healthy People 2000: National health promotion and disease prevention objectives*. Washington, DC: Author.
- Walberg, H., Hautel, G., & Gerlach-Downe, S. (1994). *Assessment reform: Challenges and opportunities*. Bloomington, IN: PDK Educational Foundation.
- Wallace, H., Patrick, K., Parcel, G. & Igoe, J. (1992). *Principles and practices of student health*. Oakland, CA: Third Party.
- Werner, P. (1994). *Teaching children gymnastics: Becoming a master teacher*. Champaign, IL: Human Kinetics.
- Wood, J.W. (1992). *Adapting instruction for mainstreamed and at-risk students*. New York: Macmillan.